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2nd Floor, 29, Paschim Vihar  
Extension, Delhi, 110063

+91 9990717772  
[www.upseducation.in](http://www.upseducation.in)

# All About UGC NET JRF Psychology



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The UGC-NET is a national-level test that determines a candidate's eligibility for the "Junior Research Fellowship" award, appointment as "Assistant Professor", and Admission to Ph.D. courses in Indian Universities and Colleges. The University Grants Commission (UGC) has given the National Testing Agency (NTA) the responsibility to conduct the UGC-NET. The exam is conducted in multiple shifts in Computer-Based Test (CBT) mode.

Twice a year, the NTA (National Testing Agency) administers the UGC NET Psychology Exam, and applicants sign up in hopes of doing well on it. All aspirants who have earned a Master's degree from an accredited university or college in any stream are eligible to apply for the exam. Every year, thousands of candidates from all around the country register for the UGC NET exam because it provides a rewarding job and a promising future.

## What are the Benefits of Qualifying UGC NET Psychology Examination

Qualifying the UGC NET examination can offer numerous benefits, particularly for individuals seeking academic or research-oriented careers in India. The major of the same are mentioned below-

### 1. Eligibility for Assistant Professor Roles

Clearing UGC NET qualifies candidates to apply for Assistant Professor positions in universities and colleges across India.

This certification is recognized as proof of academic excellence in Psychology and enhances credibility in the field. It also enables candidates to contribute to higher education and train the next generation of psychologists and researchers.







## 2. Direct Admission to Ph.D. Programs

UGC NET qualification exempts candidates from appearing in separate entrance tests for Ph.D. admissions.

Many reputed universities prioritize UGC NET-qualified candidates for their doctoral programs, streamlining the admission process.

This facilitates faster entry into research-focused careers and ensures candidates can focus on their scholarly pursuits.

## 3. Junior Research Fellowship (JRF)

Candidates who qualify for JRF through UGC NET gain access to fellowships funded by the government, which provide financial assistance for their research projects.

These fellowships can amount to ₹31,000 per month in the initial two years and increase to ₹35,000 per month for subsequent years, along with annual contingency grants.

This financial support helps candidates focus entirely on research without financial constraints.



## 4. Access to Government Scholarships and Schemes

UGC NET-qualified candidates can avail themselves of various scholarships and funding opportunities provided by the government.

These include grants for attending national and international conferences, research workshops, and academic seminars.

Many states also offer additional incentives and awards to NET-qualified candidates.

## 5. Professional Networking and Recognition

UGC NET acts as a milestone for building a professional network within academic and research communities. Qualified candidates are often invited to present papers, contribute to academic journals, and collaborate on interdisciplinary projects.

It also fosters recognition in the psychological community, leading to potential mentoring and career growth opportunities.



# UGC NET Educational Qualification for Psychology Paper

The following educational necessities must be met by applicants to be eligible for the UGC NET Psychology exam:

- Candidates who have completed their Master's or its equivalent from a recognized university with at least 55% marks in aggregate are eligible for this exam.
- Candidates from the Scheduled Caste (SC), Scheduled Tribe (ST), Other Backward Class (OBC), Persons with Disabilities (PwD), and Transgender categories receive a 5% exemption. As a result, candidates from reserved categories only need to receive a Master's degree with a minimum of 50% marks.
- Candidates who are awaiting the results of their final year exam are also eligible. However, these applicants are only admitted provisionally, and they won't be deemed qualified until they receive the required grade on their Master's test.
- On the official website, it states, "Such applicants have to finish their postgraduate degree exam within two years of the date of NET result with the necessary percentage of marks, failing which they shall be considered as disqualified";
- A **reduction of 5% marks** in the aggregate, or merely 50% of the required marks, is available to Ph.D. degree holders whose master's exams were finished on September 19, 1991 (independent of the date the results were announced).

## What is the Eligibility Criteria For UGC NET/JRF

To be eligible for UGC NET Entrance, candidates must have meet the following eligibility requirements:

### **Educational Qualification:**

Candidates must hold a Master's degree in Psychology or a related subject from a university recognized by the University Grants Commission (UGC).

A minimum of 55% aggregate marks is required for candidates belonging to the General and General-EWS categories.

Candidates from reserved categories, including SC, ST, OBC-NCL, and PwD, are eligible with 50% aggregate marks in their Master's degree.

Final-year postgraduate students are also eligible to apply, provided they meet the qualifying criteria at the time of result declaration.

## Age Criteria for UGC NET and JRF

### Junior Research Fellowship (JRF):

Candidates applying for the JRF must be under 30 years of age as of the examination year.

Relaxation of up to 5 years is provided for candidates from OBC-NCL, SC, ST, PwD categories, and women applicants.

### Assistant Professor:

There is no upper age limit for candidates applying for UGC NET to qualify as an Assistant Professor.

This ensures opportunities for individuals at any stage of their career to enter academia.

### Admission to Ph.D. Courses:

UGC NET qualification is one of the eligibility criteria for admission to Ph.D. courses, but age criteria depend on individual university guidelines and are not specific to UGC NET.

## Documents Required For NET/JRF Applications

Candidates should keep the scanned copy of the below-mentioned documents handy while filing the UGC NET/JRF application forms-

- **Most recent Passport Size Photograph**
- **Certificate, Marksheet of Educational Qualification**
- **Signatures**
- **Certificate of Professional Qualification**
- **Aadhaar Card**
- **Proof of Address**
- **Age Proof**



## UGC NET/JRF Qualifying Marks

The steps listed below are used by the National Testing Agency (NTA) to prepare the results.

- Candidates must equal 6% of those taking both Paper I and Paper II of the UGC NET test in order to be qualified.
- For candidates to be eligible for the JRF and Assistant Professor positions, they must take both Paper I and Paper II of the UGC NET test.

## Marking Scheme in UGC NET Exam

- Each question carries two (02) marks.
- There is no negative marking in the examination.
- No marking will be there for un-answered /un-attempted /marked for review.

**The NET JRF Qualifying category will be in the following manner:**

Qualified for	Eligible For		
	JRF	Assistant Professor	Ph.D. Admission
<b>Category 1:</b> Award of JRF and appointment as Assistant Professor	Yes	Yes	Yes
<b>Category 2:</b> Appointment as Assistant Professor and admission to Ph.D.	No	Yes	Yes
<b>Category 3:</b> Admission to Ph.D. Only	No	No	Yes

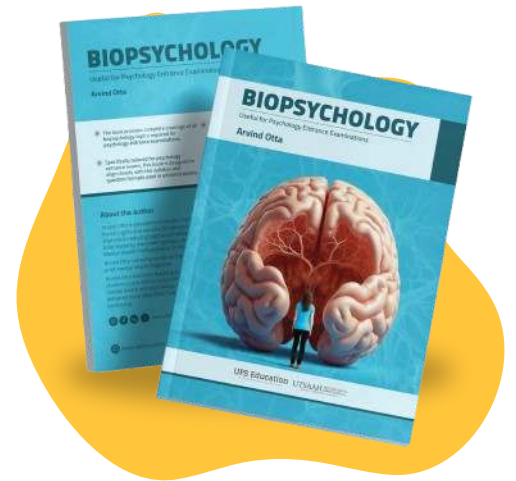
## UGC NET/JRF Psychology Previous Year Question Papers

Click here to download our exclusive [previous year question paper booklet for free!!](#)

# What Are The Best Books for UGC NET/JRF Psychology?

There are various books available in the market for UGC NET/JRF Psychology preparations. Here are some recommended books for Psychology:

- [Introduction to Psychology \(10th-12th Edition\)](#) by Rita Atkinson and Hilgard
- [Social Psychology](#) by Baron Robert
- [Theories of Personality](#) by Hall, Lindzey, and Campbell
- [Cognitive Psychology](#) by Robinson-Riegler
- [Biological Psychology: James W. Kalat](#)
- [Biopsychology: Arvind Otta](#) (specially designed for Psychology Entrances)
- [Statistics by Quinn McNemar / Minium](#)
- [Clinical Psychology](#) by Alan Carr / Hecker and Geoffrey
- [Abnormal Psychology](#) by Sarason and Sarason / R. Comer
- [Personality: George Kelly](#)
- [Human Development](#) by Diane Paplia
- [Psychological Testing](#) by Anastasi
- It is also important to be updated related to the latest advancements in Psychology/Mental Health. Sometimes it can play a crucial role in preparation. You may refer to [Psychologs Magazine](#) for the latest advancements.
- For Paper 1: [UGC NET JRF Paper-1 | Teaching and Research Aptitude | Practice Set](#)



## How to Prepare for the UGC NET Psychology Exam

The primary and most essential factor when getting ready for any entrance examination is maintaining consistency and adhering to a disciplined approach. Here are some tips to follow for better preparations:



- Keep your fundamentals clear
- Don't concentrate solely on one unit.
- Solve Previous Year Questions and Mock Tests
- Last month, focus on practice and revision instead of reading new concepts.
- Keep in mind the UGC NET Psychology Exam curriculum
- Solve your doubts regularly with your mentor.
- Create a schedule and adhere to it consistently.





And lastly, **Do Not Worry. Stay calm and confident during the exam.** This will help you focus on the questions and answer them correctly. Anxiety can cause unnecessary confusion and lead to a loss of points. Take a few deep breaths, do meditation, and remind yourself that you are prepared for this exam. **You can do it!**

## What Is The Syllabus for UGC NET/JRF Psychology Paper

As we already know, the UGC NET/JRF consists of two papers, i.e. Paper I and Paper II. Paper I is a General paper that analyses the teaching/research aptitude of the candidates. Paper II is a subject-specific paper that is chosen by the candidate at the time of filing application forms.

Here is the detailed syllabus for UGC NET/JRF Paper I and Paper II –

### UGC NET/JRF Paper 1 Syllabus (Aptitude)

As we already know, the UGC NET/JRF consists of two papers, i.e. Paper I and Paper II. Paper I is a General paper that analyses the teaching/research aptitude of the candidates. Paper II is a subject-specific paper that is chosen by the candidate at the time of filing application forms.

Subjects covered include –

- Teaching Aptitude
- Research Aptitude
- Comprehension
- Communication
- Mathematical Reasoning and Aptitude
- Logical Reasoning
- Data Interpretation
- Information and Communication Technology (ICT)





- People, Development and Environment
- Higher Education System

There will be 50 questions in Paper I. Each question carries 2 marks. Paper I is worth 100 marks. **There is no negative marking in this paper.**

The main purpose of NET/JRF Paper I is to evaluate the candidates' capacity for reasoning, reading comprehension, divergent thought, and general awareness.

You can also check here for a [detailed topic-wise syllabus of UGC NET/JRF Paper I](#)

## UGC NET/JRF Paper II Syllabus (Psychology)

The subject that applicants choose when filling out the application form is included in the NTA UGC NET syllabus for Paper 2. There will be 100 Multiple-choice Questions (MCQs) worth 200 marks in Paper II. For Psychology, the NET/JRF syllabus is as follows –

### Emergence of Psychology

- Psychological thought in some major Eastern Systems
- Western Systems
- Essential aspects of knowledge paradigms

### Research Methodology and Statistics

- Research: Meaning, Purpose, and Dimensions
- Paradigms of Research
- Statistics in Psychology
- Correlational Analysis
- Experimental Designs

### Psychological Testing

- Types of tests
- Areas of testing
- Applications of psychological testing in various settings

### Biological bases of behavior

- Sensory systems
- Neurons
- Methods of Physiological Psychology
- Muscular and Glandular system

## **Attention, Perception, Learning, Memory, and Forgetting**

### **Thinking, Intelligence, and Creativity**

Theoretical perspectives on thought processes

Concept formation

Problem-solving

Decision-making

Metacognition

Intelligence

Creativity

### **Personality, Motivation, Emotion, Stress Management**

Determinants of Personality

Approaches to the study of personality

Basic motivational concepts

Approaches to the study of motivation

Emotions and theories of emotions

Conflicts, Stress, and Coping

### **Social Psychology**

Traditional theoretical perspectives

Social perception

Group and Social Influence

Applied Social Psychology

### **Human Development and Interventions**

Developmental processes

Theories of development

Psychotherapies

Guidance in schools and Counselling

### **Emerging Areas**

Issues of Gender, Poverty, Disability, and Migration

Peace psychology

Wellbeing and self-growth

Health

Psychology and technology interface

**To get a [detailed Paper II syllabus](#), you can also check here**

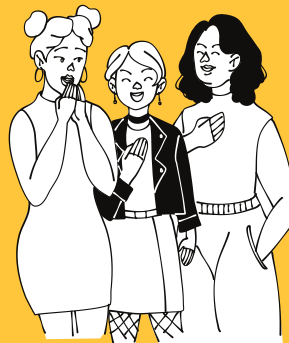
# What are the Most Important Topics in NET/JRF Psychology Paper

Candidates must be familiar with the significant subtopics and themes under UGC NET Psychology. Although the student should study the complete UGC NET Psychology syllabus.

Here are some significant topics in Psychology:

## Personality:

- Maslow's theory
- Eysenck Personality theory
- Anna's Defense Mechanism, etc.
- Biological Theory of Personality
- Behavioral theory, Psychodynamic Theory



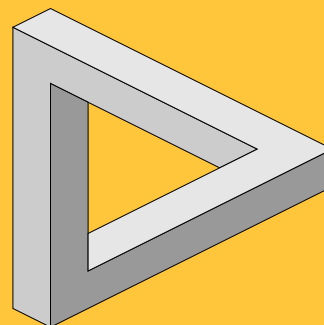
## Memory:

- Models of Memory
- Forgetting Theory
- Memory Retrieval Stages, etc.



## Perception:

- Illusions
- Perception of Form, Depth, and Movement
- Signal Detection Theory



### Emotions, Emotion Management, and other related concepts.

- Physiological Arousal
- Subjective Experience
- Behavioral Expressions
- Emotional Regulation
- Emotional Intelligence etc.



### Biopsychology

You need to study all concepts of Biopsychology because it provides insights into mental health disorders, cognitive processes, and the biological basis of human behavior.



## Previous Year Cutoffs for UGC NET/JRF Psychology

Here is the cutoff list for the UGC-NET/JRF Psychology Examination for the June 2024 session

Category	NET	Total NET Qualified	JRF	Total NET Qualified
Unreserved	198	535	222	39
EWS	178	289	210	23
OBC-NCL	180	85	212	7
SC	164	116	194	9
ST	158	53	198	4



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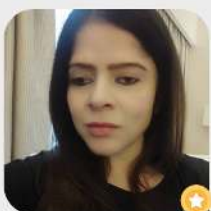
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